MARCH — SENIOR AND DISABILITY SERVICES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Lasagna Cheese Roll Up *w/ Turkey Bolognese* *Macaroni and Cheese* Italian Vegetables Pickled Beets Garlic Roll Tropical Fruit	**3** *Beef Patty w/Peppers and Onions* *Breaded Pollock Fish* *w/ Alfredo Basil Sauce (Side)* Rosemary Red Diced Potatoes Creamed Spinach Oat Bran Roll Golden Fruit Cup	**4** Chicken Soft Taco *Beef Soft Taco* Shredded Lettuce & Tomatoes Pinto Beans Chuckwagon Corn Tortilla Pineapple Tidbits	**5** Around the World Shoyu Chicken *New! Pork w/ Korean BBQ Sauce* *New! Pineapple Brown Rice* Broccoli Sesame Slaw Fresh Orange	**6** Salisbury Steak w/ Gravy Whipped Potatoes *Vegetarian Southwest Pasta* Brussels Sprouts Glazed Carrots Multigrain Roll Fresh Apple Slices
9 Chicken in Peanut Sauce *Vegetarian Meatballs* *w/ Country Gravy* Rice Pilaf Broccoli & Cauliflower Rye Bran Bread Fresh Apple	**10** Cheese Omelet w/ Salsa *Pork Sausage Gravy* Sweet Potatoes Broccoli Biscuit Fresh Apple Slices	**11** Butter Chicken Jasmine Rice *Pork Sesame Ginger* Green Beans Carrot Raisin Salad Rye Bran Roll Fresh Orange	**12** Chicken & Dumplings *Swiss Style Patty* *w/ Swiss Steak Sauce* Garlic Whipped Potatoes Spinach Cracked Wheat Bread Pears	**13** BBQ Hamburger *Breaded Fish Pollock Patty* *w/ Tartar Sauce* Shredded Lettuce & Tomatoes Baked Beans Creamy Coleslaw Hot Spiced Peaches WG Hamburger Bun
16 Turkey Pot Pie *Cowboy Campfire Stew* Chuckwagon Corn Cucumber & Red Onion Salad Biscuit Fresh Apple	**17 St. Patrick's Day Special** Corned Beef & Cabbage *Macaroni and Cheese* Green Bean w/ Red Peppers Broccoli Ranch Coleslaw Irish Soda Bread Shamrock Cake	**18** Garden Chicken Mini Salad *Caesar Dressing* *Turkey Pasta Salad* over Spinach Romaine Corn Chowder Herb Roll Pineapple Tidbits	**19** Orange Glazed Chicken *Sweet & Sour Pork* Brown Rice Ginger Carrots Beet and Mandarin Orange Salad Peaches	**20** **Closed**
23 Turkey a la King *Roast Pork* *New! w/ Apple Cranberry* Whipped Potatoes Italian Vegetables Sunflower Roll Peaches	**24** Sloppy Joe *Teriyaki Chicken Sandwich* Broccoli Carrot Mandarin Salad Whole Grain Hamburger Bun Fresh Apple Slices	**25** A1 Chopped Steak *BBQ Chicken Quarter (bone-in)* Garlic Whipped Potatoes Club Spinach (hot) Onion Bread Tropical Fruit	**26** Beef Chili Macaroni *California Cheese Bake* Winter Vegetables Corn and Black Bean Salad Cracked Wheat Roll Blushing Pears	**27** Around the World *New!* Chicken Gumbo *Baked Tilapia w/ Spanish Sauce* *New!* Dirty Rice Succotash Romaine Iceberg Salad Mandarin Oranges
30 Meatloaf w/ Brown Gravy *Herbed Chicken Patty* *w/ Creamy Paprika Sauce* Lyonnaise Potatoes Peas and Carrots Rye Bran Bread Pineapple Tidbits	**31** Chicken Mushroom Bake *Zucchini Lasagna* San Francisco Vegetables Romaine Iceberg Salad Multigrain Roll Tropical Fruit	**Suggested Donation:** $3.00 per Meal (Dining Room) $3.00 per Meal (MOW) **Milk Served with**	**ALLERGEN DISCLAIMER:** This kitchen uses the following products in meal preparation: tree nuts, sesame, peanuts, soy, eggs, milk, fish, shellfish, wheat, and other products containing gluten. We cannot guarantee that menu items are free of allergens because we use shared equipment and handle common allergens throughout the supply chain.	