

# Willamalane Park Swim Center

Calendar Effective: April 1 - April 28, 2024

## Warm Pool

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	Exercise on Your Own 6-8:30 a.m.	Exercise on Your Own 6-9:30 a.m.	Exercise on Your Own 6-8:30 a.m.	Exercise on Your Own 6-9:30 a.m.	Exercise on Your Own 6-9 a.m.	Closed
	Exercise that Feels Good 8:30-9:15 a.m.		Exercise that Feels Good 8:30-9:15 a.m.		Exercise that Feels Good 9-9:45 a.m.	
	Swim Lessons 9:30-11:45 a.m.	Swim Lessons 9:30-11:45 a.m.	Swim Lessons 9:30-11:45 a.m.	Swim Lessons 9:30-11:45 a.m.	Aquatone 10-10:45 a.m.	
	Aquatone 11:45 a.m.-12:30 p.m.	Ai-Chi 12-12:45 p.m.	Aquatone 11:45 a.m.-12:30 p.m.	Ai-Chi 12-12:45 p.m.	Ai Chi 11-11:45 a.m.	
	Exercise on Your Own 12: 30-4 p.m.	Exercise on Your Own 12:45-4 p.m.	Exercise on Your Own 12:30-4 p.m.	Exercise on Your Own 12:45-4 p.m.	Exercise on Your Own 11:45 a.m.-9 p.m.	
	Swim Lessons 4-7:30 p.m.	Swim Lessons 4-6:30 p.m.	Swim Lessons 4-7:30 p.m.	Swim Lessons 4-6:30 p.m.		
	Kayak 7:30-9 p.m.	Aquatone 6:30-7:15 p.m.	Kayak 7:30-9 p.m.	Aquatone 6:30-7:15 p.m.		
Ai-Chi 7:30-8:15 p.m.		Ai-Chi 7:30-8:15 p.m.				
	Exercise on Your Own 8:15-9 p.m.		Exercise on Your Own 8:15-9 p.m.			

## Dive Tank

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	Exercise on Your Own 6-7 a.m.	Exercise on Your Own 6-11 a.m.	Exercise on Your Own 6-7 a.m.	Exercise on Your Own 6-11 a.m.	Exercise on Your Own 6 a.m.-12 p.m.	Closed
	Hydro-Fit 7-7:45 a.m.		Hydro-Fit 7-7:45 a.m.			
	Deep Water Exercise 8-8:45 a.m.		Deep Water Exercise 8-8:45 a.m.			
	Exercise on Your Own 8:45-11 a.m.		Exercise on Your Own 8:45-11 a.m.			
	Deep Water Exercise 11-11:45 a.m.	HIIT 11-11:45 a.m.	Deep Water Exercise 11-11:45 a.m.	HIIT 11-11:45 a.m.		
	Exercise on Your Own 11:45 a.m.-6 p.m.	Exercise on Your Own 11:45 a.m. -5:15 p.m.	Exercise on Your Own 11:45 a.m.-6 p.m.	Exercise on Your Own 11:45 a.m. -5:15 p.m.	HIIT 12-12:45 p.m.	
	Hydro-Fit 6-6:45 p.m.	Hydro-Fit 5:15-6 p.m.	Hydro-Fit 6-6:45 p.m.	Hydro-Fit 5:15-6 p.m.	Exercise on Your Own 12:45-9 p.m.	
Exercise on Your Own 6:45-9 p.m.	Exercise on Your Own 6-9 p.m.	Exercise on Your Own 6:45-9 p.m.	Exercise on Your Own 6-9 p.m.			

## Lap Lanes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	Open Lap Lanes 6 a.m.-3:30 p.m.	Open Lap Lanes 6 a.m.-3:30 p.m.	Open Lap Lanes 6 a.m.-3:30 p.m.	Open Lap Lanes 6 a.m.-3:30 p.m.	Open Lap Lanes 6 a.m.-3 p.m.	Closed
	Swim Team 3:30-7:30 p.m.	Swim Team 3:30-7:30 p.m.	Swim Team 3:30-7:30 p.m.	Swim Team 3:30-7:30 p.m.	Swim Team 3:30-7:30 p.m.	
	Underwater Hockey 7:30-9 p.m.	Open Lap Lanes 7:30-9 p.m.	Open Lap Lanes 7:30-9 p.m.	Underwater Hockey 7:30-9 p.m.	Open Lap Lanes 7:30-9 p.m.	

## Facility Closures / Use Adjustments

April 12: 12 to 1 p.m. - Warm Pool Closed

April 19: 7 to 9 p.m. - Dive Tank Closed

May 3: 4:00 to 6:00 p.m. - Warm Pool Closed

For detailed lap lane availability, please check with the front desk or call 541-736-4080