

Middle School Sports Track & Field - Meet Schedule 2024

Exhibition Meets - *No data/time/results tracked*

All Schools – Running Events Only

Thursday, May 2, 4:30-6:00 p.m. - Hamlin Middle School

All Schools - Exhibition Meet

Thursday, May 9, 4:30-6:00 p.m. - Hamlin Middle School

Exhibition Meets are intended for practice and preparation to get athletes accustomed to the environment of competition day. Events will vary.

District Meets - *All schools compete, time & results will be recorded*

Hamlin Middle School - 326 Centennial Blvd.

Thursday, May 16, 4:30-6:00 p.m.

Hamlin Middle School - 326 Centennial Blvd.

Thursday, May 23, 4:30-6:00 p.m.

Hamlin Middle School - 326 Centennial Blvd.

Thursday, May 30, 4:30-6:00 p.m.

Track Events

4 x 100m Relay
1500m
100m
400m
200m
4 x 400m Relay

Field Events

Shotput
Discus
Javelin

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*Shotput Weights: 6th grade boys and 7-8th grade girls- 6lb,
7/8th grade boys- 8.8lb
*Discus Weight: 1kg
TurboJav Weight: 300g