

FOR MOBILE AND TABLET USERS: Joining your virtual class!

Before joining your class:

Before deciding to join us, please check these following requirements and helpful tips, so your classroom experience will be stress-free and fun.

- Use a fully charged device or, better yet, one connected to a power source. Batteries drain quickly when streaming.
- Be sure you have a hardwired Ethernet connection to your home internet modem, or robust Wi-Fi connectivity. You could experience lag or garbled audio with 4G/LTE.
- When joining your class, your device should be automatically muted.
- While in your class, keep your video turned on, so instructors can help with modifications while you exercise.
- If joining your class from a smart phone or tablet, please first download the Microsoft Teams app from the app store.

Step by step instructions for joining your class:

STEP 1

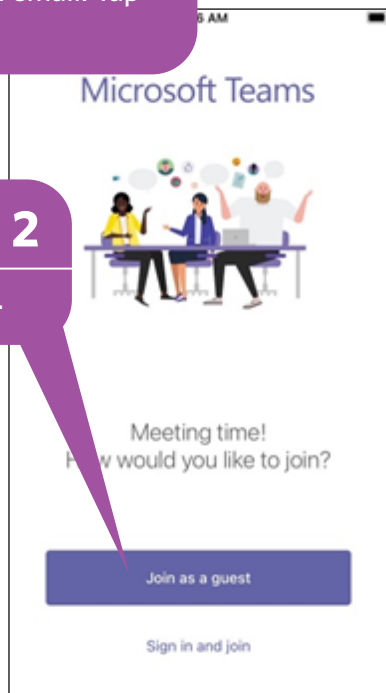
You will receive this link in an email. Tap the link.

[Join Microsoft Teams Meeting](#)

[Learn more about Teams](#) | [Meeting options](#)

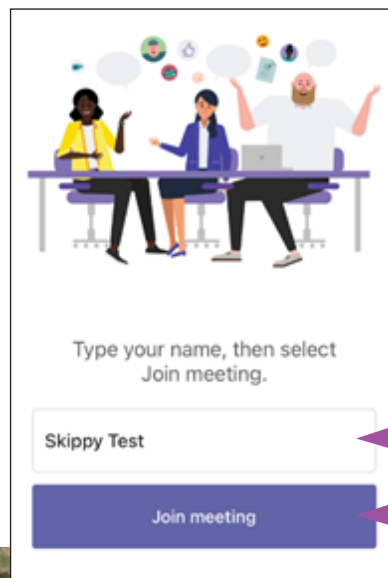
STEP 2

Tap here.



STEP 3

Type your name and tap the Join meeting button.



STEP 5

To mute your audio and turn off your camera tap the Teams screen and then the camera icon, then tap the audio icon. Both icons should now have a slash through them.

STEP 4

Maximize the instructor window by holding your finger down on the image of the instructor until you see the Pin option. Then tap Pin.

